21st Century Education in CFSS

Life-long Learning
Whole-person Development
Self-initiated Learning
Vision

We aim to help students achieve personal excellence through the nurturing of a set of positive values, the development of commendable attitudes and professional competence conducive to life-long learning, and to sustain a supply of well-educated, loyal and dedicated citizens for the future development of our society.

Mission

It is our mission to:

• provide quality education;
• foster leadership, critical thinking, creativity and confidence among students through the use of modern techniques and technology;
• hasten the integration of newly arrived children and returnees into the local community;
• adequately prepare students with the knowledge and skills necessary for substantive contribution to society.
Welcome to The Chinese Foundation Secondary School (CFSS), a place of vibrancy, achievements and promise!

Academic progress is best achieved in an environment where it is taken seriously. Every day, our staff and I remind ourselves of our mission to provide an all-rounded world class education to our students. Yet, education goes beyond the pursuit of academic excellence. We believe in empowering our students with the necessary knowledge, skills and attitude to face challenges beyond the classroom in the 21st century. Thus, we work hard at providing the widest possible learning opportunities and refrain from taking over their learning. We understand the true value of self-initiated learning and life-long interest in learning. At CFSS, we do not just teach and instruct. Instead, we make it a point of stimulating interest, provoking critical thinking and encouraging undertakings and creativity. Seeking to inspire, guide and watch over the holistic development of our students are our fundamental duties.

Just like American writer Daniel Pink’s saying: “We need to prepare kids for their future, not our past”, we set our sights at the future of our students without forgetting to set foot firmly aground to ensure that all their basic knowledge, skills and character are formed to the highest standards.

Our school-based curriculums and co-curricular activities are all developmentally appropriate for different levels of students. With the explosive development of information technology (IT) in the 21st century, students must be comfortable with technology and stay ahead of their times. CFSS has invested heavily both in infra-structures such as the setting up of school-based private cloud, Geology & Climate Change Resource Centre and soft-skill education such as in the focus of IT & science education. As evidenced by the number of international prizes won by our students in these areas, our approach has been on the right path. The “School of Distinction Award” set up by Intel Corporation in collaboration with the 28th China Adolescents Science & Technology Innovation Contest (CASTIC) recently awarded our School as one of the top 10 outstanding schools in Science Education from China is another proof of our commitment.

As another example of our all-rounded approach to ensure whole-person development for our students, we have specially tailored intertwined Cross-curricular Enhancement Programmes of Science & Technology, Language and Culture for the entire School. Students are exposed to many cultural and language activities to challenge themselves through participation in a variety of trainings, competitions and creative endeavours. I have been most pleased to see my students excel in all such areas, winning awards and public recognitions.

It is impossible to compress what we do at CFSS in a few paragraphs as our enthusiasm and dedication to preparing for tomorrow’s leaders is boundless. We would be most grateful for any suggestion you may have in our continued quest to improve. Thank you.

AU Kwong Wing
Principal
School Profile

The Chinese Foundation Secondary School, established in 2000, is a non-profit-making, non-religious, non-denominational and co-educational whole-day school operated under the Direct Subsidy Scheme (DSS). Facilities, teachers’ qualifications, and supervision are comparable to those of schools in the public sector. Being in the DSS, we enjoy greater flexibility and independence than a public sector school. This includes the ability to tailor-make our programmes to meet the various needs of students in the context of societal change.

Each student is inspired to develop his/her academic, cultural, aesthetic, physical and social potentials in a caring, demanding and stimulating environment. The development of one's independence, self-esteem and self-assurance is emphasized. Our objective is to inculcate the skills and values necessary to contribute to a multicultural and fast developing society.

School Sponsoring Body

The Chinese History & Culture Educational Foundation Co. Ltd. is registered as a non-profit-making body. Successful experience in developing cultural and educational exchange programmes with the Mainland and overseas youth has inspired the Foundation to broaden its aim to include formal education with the objective to develop students with wider vision, positive attitudes and dedication to the betterment of our society.

School Management Committee

Honorary Life Governor: Dr. Annie Leung Kit Wah
Chairperson: Prof. Rosie T.T. Young GBS, CBE, JP, MD, D.SC(Hon)
School Supervisor: Dr. Annie S.C. Wu SBS, JP, LLD(Hon), DSoCSc(Hon)
Members: Dr. Peggy Lam GBS, OBE, JP; Ms. Fei Fih SBS, JP; Ms. Wilhelmina S.K. Ngai; Ms. Marina Y.P. Wong JP; Mrs. Elim Lau MBE, JP; Mr. Kenneth T.M. Leung; Mr. Au Kwong Wing; Ms. Daisy Leung (Parent Manager); Mr. Wong Siu Kwong Jacky (Teacher Manager)

Parent-Teacher Association

Chairperson: Ms. Leung Sau Mui
Vice-chairperson: Ms. Lau Fai Ming
Secretary: Ms. Loo Yuen Ching
Treasurer: Mr. Chu Chung Pok
Social Convenor: Ms. Kan Wu Wai Hing Cynthia
Committee Members: Mr. Chan Kwok Lun, Mr. Chow Yiu Tung, Ms. Ko Shan Shan, Pong Chau Ngan Annike, Ms. Wat Yin Yuk Jane, Ms. Wong Yuen Ping, Mr. Ho Man Sing

Staff & Students

Number of teachers: 68
Number of supporting staff: 9 Teaching Assistants, 6 Technicians, 12 Clerical Staff, 11 General Workers, 1 Social Worker, 1 Educational Psychologist (PT)

Students: 908 (as of 15/11/14) Teacher-student ratio: 1: 13.4
Over 90% of our students pursue further studies, mainly in local universities, upon graduation. In 2014, about 30% were enrolled in renowned universities in UK, USA, Australia, Canada, mainland China and Taiwan.
Our rigorously developed Gifted Education Programme aims to develop each and every student's potential to the fullest through a three-tier mode. All teachers are mobilized and a wide array of opportunities catering for discovery and realization of students' talents is offered in Tier 1. Additional pull-out programme are organized in Tier 2 to enhance students' aptitude and interest in specific areas. In Tier 3, the School encourages students to enroll in Gifted Education course offered by the Education Bureau, the Hong Kong Academy for Gifted Education and the information technology industry.

**Tier 1**

**School-based subjects of quality education for all students**

- Enrichment Course (EC) consists of 11 modules tailored for S.1 and S.2 students. It aims at cultivating students' generic skills as shown in the table below. EC prepares students for life-long and life-wide learning. It also provides a basis of selection for Tiers 2 and 3 pull-out programmes.

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- Science - Course materials for junior forms are taken and adapted from diversified sources that best suit our students. Emphasis is on inquiry-learning, experimental approach, communication skills and utilization of the school science facilities. It covers updated and novel topics like astronomy, microbial biology, genetics and environmental chemistry.
- Languages - Above-standard equipment such as eBooks, iPads, and multimedia equipment is installed to cope with school-based curricula in reading, writing, listening and speaking.

**S.2 Enrichment Course – Strategic Foresight**

- Students having opportunities to use leading university-class equipment in their science experiments
- S.2 students gaining experience in presenting their projects in front of more than 300 schoolmates, teachers and parents
- Mobile learning with iPads – Students learning better through the use of technologies

- Integrated Humanities - This updated junior secondary subject is an integration of the curriculums for Geography and History, and provides a broader perspective on life and society. It allows students to enquire and construct up-to-date foundation knowledge, concepts and perspectives in preparation for further studies, thereby offering a smooth interface with NSS Liberal Studies and facilitating the study of NSS humanities subjects.
Junior form students having their I.T. lesson in the School HD Campus TV Studio

The School actively affiliates with universities and relevant organizations to offer gifted programmes to suitable gifted students. We frequently nominate and subsidize selected students to take courses organized by the following organizations: Education Bureau Fung Hon Chu Gifted Education Centre, Hong Kong Academy for Gifted Education, The University of Hong Kong, The Chinese University of Hong Kong, The Hong Kong University of Science and Technology, The Hong Kong Polytechnic University, etc. More than 60 CFSS students take part in these enrichment courses organized by the above organizations each year.

Although the three-tier operation mode aims at enriching students with their talents rather than training them for competitions, some students do realize their talents and obtain outstanding achievements in various competitions.

Tier 3
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Although the three-tier operation mode aims at enriching students with their talents rather than training them for competitions, some students do realize their talents and obtain outstanding achievements in various competitions.
Since 2004, the School has implemented a school-based science curriculum that emphasizes practical skills and communication in science. Together with additional equipment for experiments and scientific research, students’ interest and ability to undergo scientific investigation have effectively improved. Project-based learning and guidance from energetic staff provide the necessary platform and support for those young science explorers. In accordance with the school policy on sustainable development, relevant topics have been included in learning & teaching and students are encouraged to do related projects and participate in competitions. Fruitful results have emerged in recent years.

**School-based Science Programmes**

- Reading Paradise housing more than 800 books in Hall of Fame on Main Roof to nurture students’ reading habit on Popular Science
- Students investigating biodiversity of intertidal organisms with a quadrat in Ting Kok Mangrove Wetland
- Students collecting plant specimen in the campus to set up our school’s herbarium

**Project-based Learning**

- S.2 students paying concerted effort in the Hall Presentation of their PBL projects
- Self-initiative learning sparkling with interesting experiments in the laboratory
- Elite students performing advanced aseptic experiments on microbial biology

**Pull-out Training Programmes**

- Students utilizing Environmental Detection Technology to analyze chemical composition of shrimp carapace
- Students learning the principle and application of our UV spectrophotometer
- Principal Au and Assistant Principal Dr. Lau holding the plaque in triumph
We have developed a school-based Information Technology (I.T.) curriculum for junior forms, which aims to foster students with I.T. sense, and enable them to employ I.T. skills and knowledge effectively when handling challenges. The curriculum is reviewed and revised every year to ensure that we cover the most important and innovative technology which is suitable for students. Students do not only learn the basic and fundamental I.T. knowledge, but also how to apply newly introduced technology and to learn by themselves via different channels.

The curriculum structure requires students to learn independently and to actively engage in self-learning process. Their excellent performance in different I.T. competitions is testimonial of their aptitude.
The English Language curriculum aims to motivate students to take the initiative in English learning and expose students to the use of English in reading, writing, listening and speaking contexts in the world to prepare them as confident and fluent users of English in the 21st century.

(1) SPEED
- The SharePoint English Enhancement Days (SPEED) are workshop-based programmes aiming to further develop potentials of our students in English, covering topics from literature to culture.

(2) Literature in English afterschool lessons for selected junior students
- To enhance independent capabilities of participants
- Students are exposed to different genres of texts in the course. They are exposed to different genres of texts in the course.

(3) English Speaking Days
- It is a whole-school approach to raise students’ awareness of using English through game booths, bingo game, karaoke and song dedication.

(4) English Café
- A fun and interactive environment is provided for students to practise speaking English outside class time through discussion about topics ranging from school life to cultures in the world.

A Midsummer Night’s Dream – Outstanding Performers and Outstanding Cooperation in the Hong Kong School Drama Festival 2013-2014

A scene from A Midsummer Night’s Dream

English Speaking Day – Our English Language Captains helping out around the campus

Battle of the Books Competition

The Shadow Players Drama Workshop

Poetry Workshop by Ms M J Newton

English Speaking Day – Speak! Feel! Enjoy English!

Lunchtime English Café – Learning English is fun!

Post-exam activity – Friendly debate match with St. Paul’s Co-educational College

Hong Kong Schools Speech Festival (English) training

Secondary 3 students participating in Crossroads activity titled ‘Poverty’

SPEED Programme – workshop-based programmes for students
中國語文水平強化措施

本校中國語文科旨在提倡中國文學與文化，啟發創意和批判思考，並培育品德情意。隨著新學制開闢，本校更著力營造語文環境，倡導閱讀及寫作風氣，提升同學的學習興趣。

• 初中課程以「提高興趣、鞏固基礎」為重點。推行校本「課程增潤」，編製「初中古詩文欣賞」教材，更有系統地於初中額外施教古典詩詞和文言文；並設「小說讀本」教學：初中三年閱讀經典名著（《西遊記》、《三國演義》、《紅樓夢》），並設邏輯訓練單元。

• 加強創意寫作教學：中一全體同學俱參與創意寫作課程（融入正常課程），邀請青年作家主教，旨在讓同學認識自我，並從中挑選有潛質的同學，參加為期兩至三月的課程。課堂上，設計創意發掘、學生互相評論及演講等課程。此外，加強考試技巧訓練，由教務主任或指定教師指導。

• 高中課程以「加強應試訓練、提高閱讀深度、訓練批判思考」為重點。閱讀方面，設指定書目，提倡深度閱讀；並舉辦「文化沙龍」，由各種文學會幹事主持，邀請同學校舍及外校同校，討論中外名著、文化課題。此外，加強考試技巧訓練，由教師於課堂後主持不同卷別的「答題技巧精進班」。另每月設「新聞專題」，加強口語討論及思辨能力，並設邏輯訓練單元。

• 本校特設校本資優課程，鞏固學生的語文才能、文化素養，更強調跨學科元素，以讓語文融入於生活之中。課程內容包括：「文化藝術導賞」：參觀歷史文物展覽，製作藝術展品；「科幻創意寫作」：參加電影欣賞、作家講座、跨學科座談會等，學習創作科幻小說；「個人讀書計劃」，導師按同學之個人興趣能力，提供書目，定期給予閱讀指導。

本校參加了由香港融樂會主辦之「東區學校共融辯論盃」，榮獲季軍

郭子健同學參加「香港青少年科幻小說創作大賽」，榮獲高中組季軍

同學參觀了在香港歷史博物館展出的「國采朝章——清代宮廷服飾」展覽

同學參加「服飾設計工作坊」，嘗試設計民族服飾，寓文化於藝術之中

香港詩歌漫步遊：走出社區，由詩人葉輝先生帶領討論新詩，了解地區歷史

作家鄧小樺小姐到校主持「也斯互動詩作坊」，從詩歌認識香港文化

「張愛玲文學劇場」活動：以戲劇方式引導同學認識張愛玲的生平和作品

前天文台科學主任李偉才博士與同學分享了閱讀和寫作科幻小說之心得

話劇欣賞：莎士比亞《仲夏夜之夢》——木偶劇場

參訪昌平一中曲藝社，試穿京劇戲服

前赴北京昌平一中學習交流，當地老師熱心指導同學普通話

參訪昌平一中曲藝社，試穿京劇戲服

梁展晞同學於香港電台主辦「孝愛互傳徵文比賽」獲冠軍，弘揚傳統孝道
Cultural Programme

The School always encourages students to explore and appreciate different aspects of arts and culture. Some of them demonstrate keen interest in various areas.

Our school aims to nurture students into all-round individuals with a balanced intellectual, aesthetic, moral, social and physical development. Our Cultural Programmes conducted since 2008, are designed to promote different music and arts to students. We hope to realize lifelong learning in arts and culture through educational programmes and activities at different levels. Professionals and maestros were invited to broaden students’ horizons in special topics.
Our tailor-made magazine entitled Culture Lens is a medium to introduce different performing arts and cultural issues to students. By knowing various civilizations, students learn to respect the cultural differences and appreciate their uniqueness.

### Purposes of Cultural Programme

- To enhance students’ understanding and accomplishment in the visual arts, music, drama and dance;
- To introduce the meanings and values of different art forms offered personally and culturally;
- To develop students’ creativity and critical thinking, aesthetic sensitivity and build up their cultural awareness and effective communication;
- To improve students’ musical sense and art sense with different music and art works;
- To create a cultural environment / atmosphere in the school.
Social services held in our school aims at helping students develop knowledge and awareness of the social issues which affect the life of the needy in the local community.

**Awards**

Students receiving the award of “Outstanding Service Team 2014”

Gabriel Leung, Joey Lo and Bertha Chan representing Leaders of Tomorrow receiving “Excellent School Strategy Award” from Mr. Fung Yuk Sing Michael, President of corporate social responsibility in Wing Hang Bank

UNICEF Young Envoy in our school, Lo Yu Ching, learning more about the state of children in Vietnam in summer 2012

**Cambodia Education Tour**

Our students teaching Mandarin to the girls in Cambodia

Students building a house for a poor family in Cambodia

Students playing with the children in an orphanage

**Dongguan Service Learning Tour**

Our students teaching children in a local primary school

Our students enjoying being tutors for children of migrant workers

Children learning English happily outside classroom under the guidance of our students

**Taiwan Education Tour**

Students performing Taiwanese folk songs to patients during their visit to a rehabilitation centre in Danshui, Taipei

Our students dancing and singing excitedly with the children in a nursery

Children in the nursery eagerly engaging in the games prepared by our students
Serving the elderly

Our students recording the precious moment by taking photos for the elderly

Our students accompanying the elderly to visit the Chi Lin Nunnery and having much fun with them

Students having their first attempt in Cantonese Opera performance

Our students giving warm welcome to the elderly who came to the Cantonese Opera Concert

Students distributing refreshment to the elderly during the break of the show

Student helpers providing assistance to the elderly entering the community hall for the show

Serving the underprivileged

Our students becoming much more mature after interacting with these less fortunate children

Our students leading the children to visit different places, such as Wetland Park

Red Cross members teaching mentally retarded children about paper origami

Participants being encouraged to express their feeling through story-telling in drama therapy

Our students showing care to the recovered mental illness patients through free-chatting with them

Our students providing tutorial services to pupils in the local community
It is our firm conviction that learning continues beyond classrooms and during long holidays. With a view to broadening students’ horizons, promoting their understanding of the Chinese culture and enhancing their global outlook, several education tours are organized for students every year.

Our education tour to Australia was commended by the Curriculum Development Council in June 2001 as an exemplar of “how school activities can be used to promote multi-disciplinary learning on the one hand and broaden students’ global outlook on the other”.

**Education Tours**

- **RYSA Switzerland Tour in Visiting Roche's Headquarters**  
  (17-24 Aug 2013)

- **Science / English Cambridge University Summer Exchange Programme 2012**  
  (29 July - 11 August 2012)

- **CFSS students participating in the SSPC Japan Exchange Tour (28 July 2013)**

- **Students making saccharine under the guidance of the students and staff of the Roche Basel Training Labs**

- **Students having real contact with cobra in a Biology lesson**

- **Students visiting the High Energy Accelerator Research Organization**

- **Taiwan Education Tour**  
  (23-28 July, 2012)

- **Cambodia Service Learning Tour**  
  (21-26 July, 2012)

- **Beijing-South Korea Education Tour 2009**  
  (9-17 Apr, 2009)

- **Inner Mongolia Stargazing Trip**  
  (27 July~1-Aug, 2012)

- **All China Schools Volleyball Competition 2012 in Ordos, Inner Mongolia**  
  (3-14 August, 2012)

- **Group photo under the stars**

- **18 students participated in the All China Schools Volleyball Competition in Ordos, Inner Mongolia in August 2012.**

- **Shanxi Cultural Tour led by Chinese YMCA of Hong Kong (Chaiwan Centre)**  
  (27 Mar 2013)

- **Inner Mongolia Stargazing Trip**  
  (27 July–1-Aug, 2012)

- **Our students visiting a peasant to know more about his living**

- **Our students taking photos at Gyeongbokgung Palace after their study of Korean Palace culture**

- **Visit to Wat Phnom Daun Penh, a local family**

- **Our students participating in the SSPC Japan Exchange Tour (28 July 2013)**

- **Our students taking photos at Gyeongbokgung Palace after their study of Korean Palace culture**

- **Our students visiting a peasant to know more about his living**
Cultural Tour in Foshan and Sanshui (15-18 July, 2013)

Visit to Nanfeng Ancient Kiln, Ceramics DIY

Military Training at Whampoa (3-7 Jul 2012)

Students riding on the tank.

Australia Education Tours (20 Jul – 1 Aug, 2014)

Students making dot-painting under the guidance of aboriginals.

Cultural Tour in Foshan and Sanshui (15-18 July, 2013)

Visit to Factory of Jianlibao, learning Cantonese Opera at an Opera Centre

Dongguan Service Learning Tour (17-19 May, 2013)

Student acting as a basket, and playing the basketball with children of migrant workers.

Students having cultural exchange with students of Changping Diyi Secondary School

Cultural and Madarin Enhancement Program in Beijing (20-26 Apr, 2014)

Students having dinner in local house in Hutong.

Cultural and Madarin Enhancement Program in Beijing (20-26 Apr, 2014)

Students having cultural exchange with students of Changping Diyi Secondary School

Australia Education Tours (20 Jul – 1 Aug, 2014)

Visitors to the Twelve Apostles.

S4 Learning Activities Days (14-16 Mar, 2013)

Students learning how a Hong Kong invested company worked at Guangzhou Dongsheng farm

S4 Learning Activities Days (6-8 March, 2014)

Students doing survey on the perception of environmental protection in Guangzhou.

High school science camp in Beijing (20-26 Jul, 2014)

Students having science lessons in Tsinghau University with 400 high school mainland students.
Against the background of heightened awareness of sustainable development, the Sustainable Development Team attempts to ensure students’ stronger sense of sustainability from the important dimensions of environment, economy and society. The Science & Sustainable Development Resource Centre and Environmental Trail are being constantly upgraded together with the teaching syllabuses and pedagogies. Last year, more new facilities and activities were added, culminating in a series of external achievements.

Our School obtaining the Experimental School Award from the National Working Committee for UNESCO Project on Education for Sustainable Development in China in September 2012


Our students grabbing 3 prizes in the 2011-2012 UNESCO & HK Award Scheme: ESD Programme (Environment) in March 2012

With continuous progress, our students obtaining 9 awards in the 2012-13 Education for Sustainable Development (ESD) Programme Organized by UNESCO HK Association

In “Peace For All” programme organized by UNESCO in February 2013, our students scaling new heights in promoting peace and catering for cultural diversity

Our School proudly receiving the title of “Most Commendable Team in Student Exhibition and Performance” on World’s Intangible Cultural Heritage of China in December 2011

Our students earning the 2nd runner-up award and merit award in the Urban Renewal Authority’s “Old District Discovery” Video Competition in March 2012

On 24 October, 2013, Prof. Nora Tam delivered an enlightening mass lecture on mangroves in Hong Kong and their conservation to our students. They had the chance to meet Prof. Tam afterwards

Large-scale Siu Sai Wan Environmental Conservation Carnival was held by over 40 teachers and 100 students in July 2013. The idea of sustainable development was successfully propelled in the neighbouring community.

Our School participated in the Lifestyles of Health and Sustainability EXPO 2013 (LOHAS). With the theme of “Green Household”, we introduced suitable plants for domestic plantation through board displays and arranged a 45-minute presentation on stage for in-depth sharing.

A group of S.5 students achieving “The Best Performing School Team” and “The Best Participation Award” in Go Fun Low Carbon Youth Forum
Life Planning Education and Career Guidance Team provides quality career counselling and life planning programmes to both junior and senior students. These programmes aim at assisting students to determine and reach their goals through identifying their abilities, academic and career interests. Since 2012, our School has developed a unified version for learning known as "21st Century Learning in CFSS". This model describes the content knowledge, specific skills, expertise and literacies that students must master in order to succeed in work and life. Careers and life skill is one the key elements included in this model.

Life planning education and career guidance in CFSS has been reformed and integrated into the formal curriculum since 2012. Students have achieved better understanding of their own capabilities and career aspiration, and developed positive attitude towards work and learning.

<table>
<thead>
<tr>
<th>Components</th>
<th>Aim</th>
<th>Level</th>
<th>Personal &amp; Social Education (PSE) curriculum</th>
</tr>
</thead>
<tbody>
<tr>
<td>Self-understanding and Development</td>
<td>To understand oneself and the impact of external influences</td>
<td>S.1</td>
<td>Self-understanding; knowing personal strength and weakness and goal setting.</td>
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<tr>
<td></td>
<td></td>
<td>S.2</td>
<td>Learning about strength and weakness; setting goal and achieving targets and developing career aspirations and goals.</td>
</tr>
<tr>
<td>Career Exploration</td>
<td>To investigate options (opportunities and constraints) of learning and work</td>
<td>S.3</td>
<td>Financial management, career aspiration, choice of further studies and career path</td>
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<tr>
<td></td>
<td></td>
<td>S.4</td>
<td>Life-goal setting &amp; time management; leaderships; financial management and developing career aspirations and goals.</td>
</tr>
<tr>
<td>Career Planning and Management</td>
<td>To make decisions, formulate and act out plans to manage changes and transition in learning and work</td>
<td>S.5</td>
<td>Self-reflection and determination; interview skills; time management; financial management; workplace English and choice of further studies and career path</td>
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<tr>
<td></td>
<td></td>
<td>S.6</td>
<td>Self-actualization: preparation for further studies; interview skill; development of personal attributes, employability skills and study/career goals</td>
</tr>
</tbody>
</table>

Components Aim Level Personal & Social Education (PSE) curriculum

- **Self-understanding and Development**
  - To understand oneself and the impact of external influences
  - Level: S.1
  - Personal & Social Education (PSE) curriculum: Self-understanding; knowing personal strength and weakness and goal setting.

- **Career Exploration**
  - To investigate options (opportunities and constraints) of learning and work
  - Level: S.3
  - Personal & Social Education (PSE) curriculum: Financial management, career aspiration, choice of further studies and career path

- **Career Planning and Management**
  - To make decisions, formulate and act out plans to manage changes and transition in learning and work
  - Level: S.5
  - Personal & Social Education (PSE) curriculum: Self-reflection and determination; interview skills; time management; financial management; workplace English and choice of further studies and career path

- **Level**
  - S.1
  - S.2
  - S.3
  - S.4
  - S.5
  - S.6
Pun Chun Sang, Wong Yiu Tak and Tsui Yung Kin Samuel winning the Second Place Grand Award in the World Final of the Intel ISEF under the category of Energy and Transportation in May 2012

“School of Distinction Award” and “Outstanding Organization Award” in the 28th China Adolescents Science & Technology Innovation Contest (CASTIC) 2013

Jason Lo and Sam Wong being the 1st Place Winner in the 5th Asia-Pacific Economic Cooperation (APEC) Future Scientist Conference in Korea, with their project to be printed on the APEC Youth Scientist Journal Vol. 5

For 2 consecutive years, our team being qualified as a HKSAR delegation to the 64th World Final of the Intel International Science and Engineering Fair (Intel ISEF), Phoenix, USA, with Jason Pun, Jason Lo, and Sam Wong getting the Third Place Grand Award

Chak Man Him, Fung Hing Lun, Li Yik Hin Nigel and Leung Lok Ming Arnold getting the championship in the 2012/13 Hong Kong Budding Scientists Award, while their Supervisors, Dr. Chan Pik Ying and Mr. Ho Chun Man winning the Best Coach Award

CFSS students reaping 18 prizes in research, invention and drawing from HK Youth Science & Technology Invention Competition (STIC) 2013, including 2 Outstanding School Awards, 4 First Place Grand Awards, 3 Second Place Grand Awards, 1 Third Place Grand and 8 Merit Awards

Students getting champions for both invention project type and investigation project type, honourable mention of invention project type in junior division, the best booth presentation award, the persistent investigation award and visitors’ favourite award in HK Student Science Project Competition 2013

Four of our teams out of ten entering the final Roche Young Scientist Award, with the S.1 team consisting Miu Marco Kwan Ho, Wu Tsz Yeung and Kwan Ho Kwong Matthew getting the Championship, gaining an opportunity to visit the company’s headquarters in Switzerland

Highlights of Achievements
Lo Ka Him was the 1st runner-up in Microsoft Word (2010) and Microsoft Excel (2011) Worldwide Competition

Our S.3 students getting the 1st runner-up (Junior Secondary Division) in the 2011 Hong Kong Green MECH Contest

Joyce Chan getting 2nd place for her excellent performance in Excel and Cheung Yee Man 10th place in Adobe Photoshop at Washington D.C., USA 2013

Our students being one of the 16 Finalists in World Robot Olympiad (WRO) 2011 in Abu Dhabi

Our S.3 students getting the 1st runner-up (Junior Secondary Division) in the 2011 Hong Kong Green MECH Contest

Law Nga Man and Ng Tsz Kiu getting Champion and 2nd runner up in the 2012-2013 Hong Kong Youth Science Fiction Writing Competition

Our students representatives of HK bagging 1 First Place Grand Award, 2 Second Place Grand Awards, 2 Third Place Grand Awards and 1 Special Prize in the 28th China Adolescents Science & Technology Innovation Contest (CASTIC) 2013

Ho Chun Ho the Most Valuable Team Player, and led his team, CIRCUS, winner of the Corporate Social Responsibility (CSR) Award in 2011/12

26 S.5 and S.4 students participating in the Junior Achievement Company Programme 2013, grabbing the First Place of the Best Presentation, CSR Award, MVP Award and the most Valuable Team Player Award
Boys’ C Grade Champion in Inter-School Football Competition (D3HK) 2011-2012

Boys’ A Grade Champion in Inter-school Swimming Championship 2012-2013

Girls’ Overall 1st runner-up in Division II (HK & KLN) in the Inter-School Volleyball Competition 2012-2013

Boys’ Volleyball Team being elected the Best Sportsmanship Team and four students Best Performing Players in the All China Schools Volleyball Competition in Ordos, Inner Mongolia 2012

Our Girls’ Table-tennis Team obtaining the Overall 1st runner-up in Hang Seng All Schools Championships 2013 while Lam Lai Wai and Wong Mei Yan Iris the Champion in the girls’ double

Our Girls’ Team grabbing the Overall Champion in Division I and our Boys’ Team being awarded the Overall 2nd runner-up in Division II (HK & Kln) in 2011-2012

Highlights of Achievements

The gorgeous trophy CFSS gained in 2011-12: BOCHK Bauhinia Bowl (Sixth) - Co-educational Schools

Girls’ Overall 1st runner-up in Inter-school Swimming Championship in 2013-2014
2nd runners-up in Boys’ A Grade–Foil and B Grade–Epee, and 1st runner-up in Boys’ B Grade–Foil in Inter-school Fencing Competition in 2011-2012

Outstanding Actress and Outstanding Cooperation in the Hong Kong School Drama Festival 2011-2012

Kan Ka Yau winning a Gold Prize in a territory-wide essay writing competition (2011-2012 年度中國中學生作文大賽 - 香港賽區)

"Be Quick", the work of Choi Wai Yin who is the third place prize-winner in the competition "Tea Ware by Hong Kong Potters 2013" organized by Flagstaff House Museum of Tea Ware

Wong Lillian successfully leading her team to grab the Gold Award in the Gifted Angels – Service Learning Competition organised by HKAGE in 2012

Junior Jazz Dance Team attaining the Highly Commended Award in the 48th Schools Dance Festival in 2012

Our team getting the Award for Outstanding Cooperation in the HK School Drama Festival 2013, while Au Hei Tung, Luk Yan Yi and Ting Cheuk Yin Award for Outstanding Performer
Our students obtaining Silver Award in the Hong Kong ICT Awards 2014

The Boys’ Archery Team obtaining the Overall 2nd runner-up in the Inter-school Archery Competition 2013-2014

Our students obtaining Silver Award in the Hong Kong ICT Awards 2014

Our students participating in the Science Elite Young Ambassador Programme co-organized by Hong Kong Science & Technology Parks and the Education Bureau

Chak Man Him, Ho Wing Ka and Lo Chun Kit Jason bagging 3 Medals in the Biology category of the Secondary School Mathematics & Science Competition 2014 organized by the Hong Kong Polytechnic University

Our students receiving merit awards in The 8th Hong Kong Cup Diplomatic Knowledge Contest

Our students getting the Second Grand Award in the Shanghai Youth “Rising Star” Science Project Competition while Mr. Ho Tik Shun being the Excellent Coach

Our students bagging 5 awards in the Hong Kong Student Science Project Competition 2014

Our Boy’s Table Tennis Team obtaining the Overall 1st runner-up in the Inter-School Table Tennis Competition (HK & KLN) and getting promotion to Division I
Lin Chi Ho getting the 1st runner-up in Chinese Poetry Writing of the 39th Hong Kong Youth Cultural and Art Competition

Joyce Chan getting 2nd place for her excellent performance in Microsoft Worldwide Competition, two years in a row

Our student representatives receiving “Devotion of Promotion of Sustainable Development Honours Award” from Prof. Nora Tam

Our Dance Team obtaining a Honours Award, a Highly Commended Award and two Commended Award in the 50th Schools Dance Festival

Our students receiving 1st Prize Award in 2013 Cross-straits Robotics Exchange Invitational Competition held in Kaohsiung City, Taiwan

Our project “Let Our Dream Come True!” honourably obtaining the award of “Outstanding Service Team 2014” in the Community Leaders of Tomorrow Programme

Our students representative receiving “Sustainable Development Community Award” from Mr. W.M. Leung
Highlights of Achievements

Seven CFSS students being "Outstanding Campers" in 2014 National College Science Camp held in the Tsinghua University

Our students grabbing 18 prizes again in Hong Kong Youth Science & Technology Invention Competition 2013-2014

Our students getting the "Creative Award of CLP Cup" in the "2013 Innovative Renewable Energy on Model Car Competition in HK"

Our students getting the 1st runner-up in the EV3 Secondary School Division of RIDIY 2014

Our school obtaining the Award for Outstanding Cooperation in the Hong Kong School Drama Festival 2013-2014 while Bloom Gabriella Marisol Blake, Davison Audrey Georgina and Law Kee Yau receiving the Award for Outstanding Performer

Our students bagging 3 First Place Grand Award, 3 Second Place Grand Award, 1 Third Place Grand Award, 1 Special Prize and Outstanding Organization Award in the 29th China Adolescents Science & Technology Innovation Contest

Lo Chun Kit Jason and Wong Chi Sum getting Merit Award in the Grand Prize category of the SCMP Student of the Year Awards 2013

Our Girls’ Table Tennis Team obtaining the Overall Champion in Hang Seng All Schools Championships, Yeh Tsz Yan winning the Champion in the girls’ single, Lam Lai Wai and Chan Sin Yan getting the 1st runner-up in the girls’ double.
In the Inter-school Archery Competition, our Boys Team achieved Overall Third and Girls Team Second in A grade.

2014 DBS Social Enterprise Experience 2nd Runner-up and Best Co-operation Award

First Grand Award of the Best Design for Environmental-friendliness and Outlook

Green School Gold Award  12th Hong Kong Green School Award

In the Inter-school Archery Competition, our Boys Team achieved Overall Third and Girls Team Second in A grade.

Inter-school Fencing Competition 14-15

All our winners in the Science Competition last year

Second Place Grand Award in The 12th Shanghai Youth Rising Star Science Competition

The BOCHK Bauhinia Bowls our teams achieved symbolises the dedication and devotion our athletes contributed.
School Honours

全國十佳科技教育創新學校
School of Distinction Award 2013

第十二屆香港綠色學校獎
綠色學校金獎
12th Hong Kong Green School Award
Green School Gold Award

聯合國教科文組織中國可持續發展教育(ESD) 項目
實驗學校
UNESCO Project in Education for Sustainable Development in China
Experimental School

Sustainable Development School Award Programme 可持續發展學校獎勵計劃
2009-2010, 2010-2012 Gold Award金獎
2012-2014 Sustainable Development Community Award
可持續發展社區項目獎
Devotion of Promotion of Sustainable Development Honours Award
積極推動可持續發展榮譽大獎