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Youngpost

Athlete of the week

Each week we talk to HK's best and brightest



Name Nancy Yeh Tsz-yan
School The Chinese Foundation Secondary School
Grade Form Four
Sport Table Tennis

Achievements

Nancy, 18, was a member of the Hong Kong youth team. She led Hong Kong at the fourth Asian Schools Table Tennis Championship in Indonesia last October.

She led her school team to first place in the 2013-14 Hong Kong Island and Kowloon Inter-school Table Tennis Competition (Division

One). She finished fourth in the secondary school girls' singles at the Hang Seng All Schools Championships 2013.

She partnered Lo Lok-ye to claim the women's doubles title at the 2013 Hong Kong Open (Individual Event), organised by the Hong Kong Table Tennis Association.

Soundbite

"I took part in the All China Secondary Schools Students Games in Inner Mongolia in 2011. But afterwards, I lost form and I had to quit the national team," says Nancy.

"Even though I am not training

with the Hong Kong team anymore, I believe I can still be competitive in local tournaments. I know what it takes to succeed because I've played the sport for about 12 years. I need to rediscover my form a month or two before major competitions.

"I am still not mentally tough so that's why I decided not to

rejoin the national squad on a full-time basis even though they lacked players of my age. I think my current status [playing as a student and amateur athlete] gives me the best chance to do well."

From her coach

"Nancy puts all her effort into every match. She never

looks down on any opponent even when she is much better than them. She always puts the school team's interests ahead of her own," says Chung Lai-bon, coach in charge of the school table tennis team.

"Another core player, Ng Ka-ye, graduated last year, so it was amazing that Nancy and her team won the team title this school year."

Ambitions

"I have never won an individual title in a local schools competition. I hope I can do it at the upcoming Hang Seng All Schools Championships," says Nancy.



Photo: Kevin Kung